

Grief Speak

Grief can be mysterious and unsettling when it hits. Hospice understands this – it is our calling to accompany people as they take the journey of grief. That's why Grief Speak was created. Grief Speak is a presentation on grief by hospice chaplains and bereavement coordinators. Each month, you will find answers to questions such as:

- What should I do?
- What should I not do?
- How long will grief last?
- If I don't cry, does that mean something is wrong with me?
- And a host of other questions.

Each presentation is 20-30 minutes in length. After the presentation, you are encouraged to ask questions.

Grief Speak is the second Tuesday of each month at:

EASTERN	CENTRAL	MOUNTAIN	PACIFIC
7 p.m.	6 p.m.	5 p.m.	4 p.m.
9 p.m.	8 p.m.	7 p.m.	6 p.m.

You can connect to Grief Speak in two ways:

- 1) Call 1.650.479.3208 (US/Canada). Meeting code is 920 298 441##
- 2) Log on to https://lhcgroupinc.webex.com

Enter meeting # 920 298 441 in Jeff Brookshire's Personal Room





